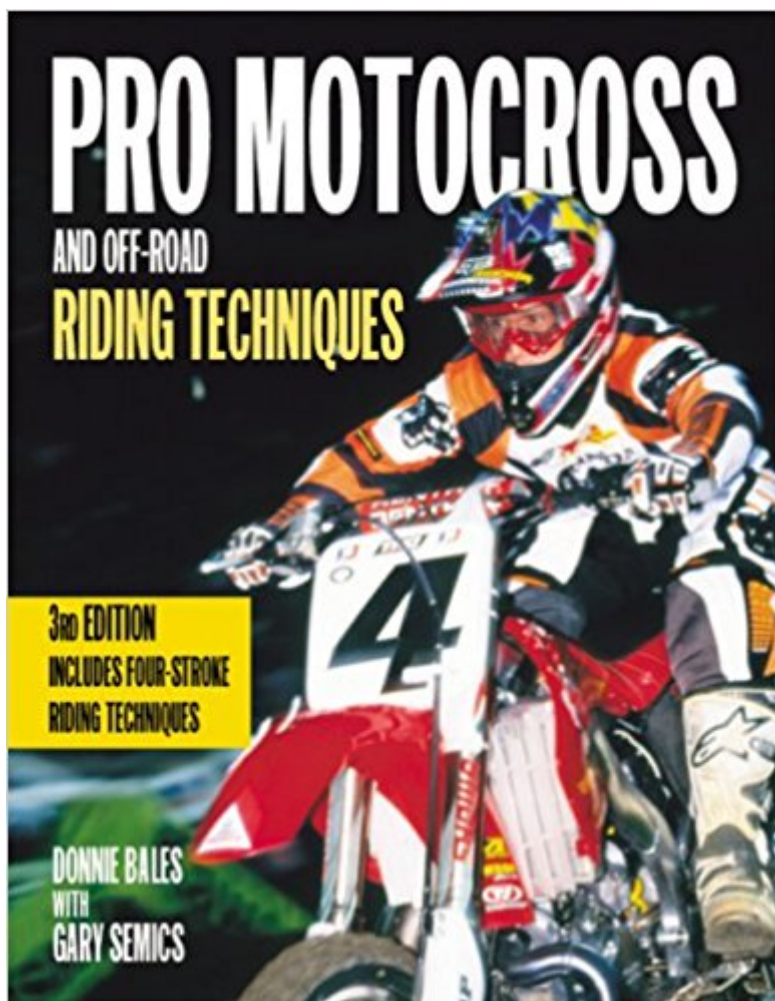




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# Pro Motocross & Off-Road Riding Techniques



## Synopsis

Ride to win with the pros, as this updated, third edition of Pro Motocross & Off-Road Riding Techniques puts you in front of the pack. Advanced tips and techniques from your favorite pro riders-Ricky Carmichael, James Stewart, Danny Carlson, Chad Reed, Greg Albertyn, Ty Davis, Jeremy McGrath, Guy Cooper, Steve Lamson, and others-give you the inside line on everything from body position to brake/power slides. New action sequences of professional riders take you step-by-step through specific techniques, including double jumps, rutted corners, braking bumps, starts, and whoops. Check out Gary Semics' riding techniques-with 10 years as a factory rider and over 20 more as a riding instructor, Semics knows motocross. His techniques and insight will improve even the most experienced rider's form. Techniques for motocross, supercross, hare scrambles, enduro, and desert racing are all included, as well as how to tackle off-road obstacles, practice methods, a buyer's guide for gear, goggle prep, race strategy, and an extensive chapter on riding four-strokes. Whether you're an expert motocrosser or a beginning enduro racer, this new edition of Pro Motocross & Off-Road Riding Techniques is the hot line to improving your skills.

## Book Information

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## Customer Reviews

Waste of time and money

I wish I could say I liked this book, but I can't. While there is some good info, most of it seems like common sense to me. There are also a ton of conflicting statements.

I've been to many Motocross schools, had many instructors, and have read several books about the Best Sport on Earth. This book not only has the best info, but it's laid out in such a way one can use it to keep improving their skills. When you want to be a better rider, simply refer back to it! Do you want to have more fun? Ride faster, more efficiently, and have more confidence? How about riding so that you look good (and don't crash)? I recommend this book as indispensable.

Grandson loved it, encouraged him to read above his age level (8). teen level reading

Excellent book, full of step-by-step illustrations, and tips from Gary Semics. I really love this book. Never found any other like this on the market. I wish this book could be translated in Spanish, for most of my fellows in Argentina who can't read English. I offer myself for the job!!! This book is a must for every MX rider.

Haven't finished reading the entire book, but so far it gives you some good advices on body positioning, braking and cornering... I do think this book needs an update. The bikes and gear that are shown are starting to look outdated. But aside from that, the how, the do's and don'ts of motocross are the same, so enjoy the good tips and ride on!

The authors set themselves a daunting task when they tried to explain via the written word how to ride a dirt bike over rough ground. I have yet to find a book that does a better job at it.

Book offers very in depth details about every aspect of motocross racing. My intentions were to pick up a few tips for recreational off road riding. This book is more about competitive racing, but certainly brings a lot to the table.

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